

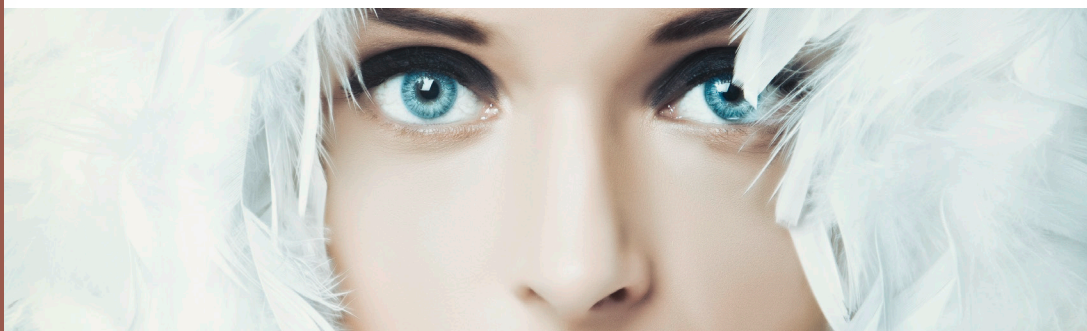
N°07 T.I.  
**HOT & COLD**  
THERMAL ACTIVATOR

Stimulating Treatment – 45 min

This hot-and-cold sensory optimization regimen has an incredible effect on the skin.

Goal : to achieve refreshed skin, while enhancing hydration and skin firming actions.

Ideal for : dull, sagging skin.



To perform this treatment, you will need

BASIC T.I.

T.I. HOT & COLD



Made in Switzerland

## Step 01

### Surface Treatment

#### 1. Remove makeup — 5 min

Eyes and Lips Makeup Removing Gel+

Aqua Relax Eye Care + water

Eyes and eyebrows // 3 pumps + 3 pumps  
(5ml + 5ml + running water)

Edelweiss Milk Cleanser

Face + neck // 5 pumps (10ml)

Oligo Activating Lotion

Face + neck // 5 pumps (15 ml)

Natural Toning Lotion

Face + neck // 3 pumps (3ml)

#### 2. Exfoliate — 7 min

Fruit Peeling Cream

Face + neck // 15ml

Oligo Activating Lotion

Face + neck // 5 pumps (8ml)

Natural Toning Lotion

Face + neck // 3 pumps (3ml)

#### 3. Detoxify — 8 min

Self Warming Mask

Face + neck // 8ml

Oligo Activating Lotion

Face + neck // 5 pumps (15ml)

### CabEx Bonus

Apply Gentle Foaming Gel blended with Oligo Activating Lotion to complete detoxifying step.

To heighten the heating sensation of the treatment, place the following products in a hot cabi (Do not go over 104 F): Edelweiss Milk Cleanser, Nourishing Vitamin Serum, and Massage Balm.

To intensify the cool sensation, place the Makeup Removal Gel, the Fruit Peeling Cream, the Oligo Activating Lotion and the Cryo-Active Mask Lotion in the refrigerator.

If the skin is too reactive, apply Botanical Charcoal Mask instead of Self Warming Mask

## Step 02

### In-Depth Treatment

#### 1. Activator — 2 min

Nourishing Vitamin Serum

Face + neck // 1 full dropper

#### 2. Myo-Massage — 10 min

Face Massage Balm

Face + neck // 15ml

#### 3. Tweak-Mask — 10 min

Cryo-Active Mask

Face + neck // 25g of powder + 100ml of gel lotion

Oligo Activating Lotion

Rinsing // 5 pumps (15ml)

## Step 03

### Final Treatment

#### 1. Serum — 1 min

Red Vine Serum

Face + neck // 1 full dropper

#### 2. Eye Contour — 1 min

Hydra-Active Eye Contour Gel

Eye contour // 1 pump (1ml)

#### 3. Finishing Skin Perfector — 1 min

Alpine Comfort Cream

Face + neck // 4ml

### To complete the treatment



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